

**CALL FOR POETRY SUBMISSIONS**  
To the Virginia Writers Project, Spring 2026 Journal

Submission Period  
5 January 2026 to 5 March 2026

SUBMIT YOUR POEMS AS FOLLOWS:

Submit poetry to Poetry Editor  
[sagepoet@mindspring.com](mailto:sagepoet@mindspring.com)

**Poets over the age of 18**

1. We accept most themes; however, submissions that are overtly political, religious, or considered to be offensive by the editors will not be accepted.
2. Poets may submit up to six poems. Each poet is limited to a maximum of six poems not exceeding six pages in total.
3. Poems must be submitted in MS Word document format. Submissions presented in other formats, including Pdf, and submissions presented with the text of an email, will not be accepted.
4. Present your poetry in Century 11 pt. font; single spaced,
5. Above your poem, provide a Title in all caps, and your name, as you wish for it to be presented in the journal in upper/lower case, below the title.
6. All submissions will be reviewed by the poetry editors. They will offer comments and suggested edits to the poet, and seek his/her approval or the poet's reasons why he/she does not agree with the suggestions. The Editors seek to work with the poets for edits, not against them. No poem will be altered by the editors, or published without the approval of the poet.
7. The Editors have the sole right to accept or reject any poetry submitted. They are not required to justify their decision.

**Poets under the age of 18**

8. Students will be held to the same standards and parameters as mentioned above except as follows:
9. Students may submit up to two poems that do not exceed two pages in total.
10. In order to be published, one of the student's parents, or guardian, must approve of his/her child's poetry being published. And of course, the student must also approve of his/her poem being published.

**Questions?**

Contact the Poetry Editor at  
[sagepoet@mindspring.com](mailto:sagepoet@mindspring.com)